



Autumn Term (2) 2024 Menu



| WEEK A | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|--|
| | Chicken Tikka with Rice, and Sweetcorn | Pork Sausages with diced Herb Potatoes, Peas, and Gravy | Roast Chicken with Stuffing, Roast Potatoes, Peas, and Carrots | Cheese & Tomato Pizza with Potato Wedges, Sweetcorn and Homemade Coleslaw | Battered Cod with Oven Chips, Peas or Baked Beans |
| | Quorn, Chickpea and Lentil Curry with Rice, and Sweetcorn | Vegetarian Sausages with diced Herb Potatoes, Peas and Gravy | Macaroni Cheese with Peas and Carrots | Cheese & Tomato Pizza with Potato Wedges, Sweetcorn and Homemade Coleslaw | Vegetable Pasta Bake |
| | Jacket Potato with Tuna Mayonnaise or Cheese | Pasta with a Tomato and Basil Sauce | Jacket Potato with Cheese or Baked Beans | Pasta with a Tomato and Garlic Sauce | Jacket Potato with Tuna Mayonnaise or Cheese |
| | Fruity Flapjack | Fruit Crumble | Fruit Jelly with Ice-cream | Chocolate Brownie | Orang & Lemon Sponge with Custard |
| | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits |
| Available Daily: Unlimited fresh seasonal salad and fresh bread, chilled drinking water | | | | | |

| WEEK B | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|--|
| | Pork Meatballs with a Tomato and Basil sauce, Pasta, Garlic Bread and Sweetcorn | Chicken in a BBQ Sauce with Rice and Peas | Roast Gammon with Roast Potatoes, Yorkshire Pudding, Peas & Carrots | Chilli con Carne with Rice, Nachos and Sweetcorn | Fish Fingers with Oven Chips, Peas or Baked Beans |
| | Vegetarian Meatballs with Garlic Bread and Sweetcorn | Chinese Vegetable Spring Roll with Stir-fry Vegetables and Rice | Cheese and Vegetable Quiche | Vegetable Chilli with Rice, Nachos and Sweetcorn | Spicy Cous Cous |
| | Jacket Potato with Tuna Mayonnaise or Baked Beans | Jacket Potato with Cheese or Baked Beans | Pasta with a Homemade Tomato and Herb Sauce | Jacket Potato with Baked Beans or Cheese | Pasta with a Homemade Tomato and Herb Sauce |
| | Strawberry & Vanilla Mousse | Waffles with Vanilla Ice-cream and Warm Strawberry Sauce | Raisin and Oat Cookies | Carrot Cake | Chocolate Chip Sponge With Custard |
| | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits |
| Available Daily: Unlimited fresh seasonal salad and fresh bread, chilled drinking water | | | | | |

| WEEK C | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|--|
| | Sweet Chilli Chicken with Rice and Peas | Beef Bolognese Pasta Bake with Garlic Bread and Sweetcorn | Roast Chicken with Stuffing, Roast Potatoes Peas and Carrots | Bread-crumbed Chicken Fillet served in a Burger Bun, Potato Wedges, Sweetcorn and Homemade Coleslaw | Battered Cod with Oven Chips, Peas or Baked Beans |
| | Vegetable Potato Boats with Peas | Quorn Bolognese Pasta Bake with Garlic Bread and Sweetcorn | Cheese, Onion & Potato Bake with Peas and Carrots | Vegetable Burger served in a Burger Bun, Potato Wedges, Sweetcorn and Homemade Coleslaw | Broccoli and Cauliflower Bake |
| | Pasta With a Homemade Tomato Sauce | Jacket Potato with Baked Beans or Cheese | Pasta with a Homemade Tomato Sauce | Jacket Potato with Cheese or Baked Beans | Pasta with Bolognese or a Homemade Tomato Sauce |
| | Pancakes with Ice Cream | Chocolate & Orange Sponge with Custard | Doughnuts | Shortbread | Syrup Sponge with custard |
| | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits |
| Available Daily: Unlimited fresh seasonal salad and fresh bread, chilled drinking water | | | | | |

If your child has any special dietary requirements or suffers from any food based allergic reactions, please speak to a member of the Catering Team in the first instance. They can provide up-to-date allergen information relevant to the menu currently on offer.

Children in Foundation, Year 1 and Year 2 are entitled to a free school meal – a universal benefit not dependent on parents' income.

Meals for children in Nursey cost £2.25 each.

Meals for KS2 children cost £2.75 each.

Meals must be ordered in advance and paid for via Arbor.

Week A Commencing:

11/11, 02/12

Week B Commencing:

18/11, 09/12

Week C Commencing:

5/11, 25/11, 16/12