# INTRODUCING YOUR NEW MENU!

Dear parents and carers,

We're Cucina, your new school caterers, and we're excited to share our menu with you!

Designed with the age of the children we are serving in mind, our food brings together tasty, nutritious, and sustainable choices to support growing bodies and minds.

### WHAT TO EXPECT FROM OUR MENUS

We run a three-week menu which aligns with the **School Food Plan** and have been thoughtfully crafted to meet the diverse needs of students while maintaining the highest nutritional standards.

## **Sustainability in Action**

Our menu reflects our commitment to sustainability. Dishes like our Cauliflower Pasta Bake use the entire vegetable – in this case cauliflower leaves, stalks, and all – reducing waste while providing a delicious meal.



#### **Veggie Variety**

We use a range of seasonal vegetables, beyond just sweetcorn and peas, using ingredients which rotate with the seasons and introducing children to a rainbow of fresh flavours.

# **Pasta with Purpose**

A favourite for many children, our pasta dishes feature a proteinenriched tomato sauce with blended lentils and vegetables, offering additional protein without compromising on taste.

#### **Allergen-Aware Options**

Inclusivity is at the heart of our menus. We've created a range of dishes free from gluten, dairy, eggs, and soya to support students with allergies or intolerances. These meals have been carefully reviewed to ensure they deliver the nutrients every child needs to thrive.

# **Theme Days & Events**

We run regular themed events to engage children with the meals service. Look out for fun menus and foodie inspired activities each term!

## **ORDERING YOUR CHILD'S MEALS**

Our Impact Food App makes it quick and easy to place lunch orders for your child. You will receive an email with a unique link asking you to sign-up to the Impact Food App, simply click the link and follow the instructions. Once you're signed up you can begin to place meal orders for your child/children. It really is that simple!

If you have any questions on our food our service, please do get in touch. Speak to our catering team or contact us at <a href="https://helo@impactfood.co.uk">hello@impactfood.co.uk</a>

Best wishes,

**The Innovate Catering Team** 



