

# Relationship and Sex Education at Priory Rise School

Monday 8th July 2024



# Why Relationship and Sex Education?

- The objective of Relationship and Sex Education (RSE) is to help and support young people through their physical, emotional and moral development.
- RSE is intended to help young people learn to respect themselves and others and move with confidence from childhood into adolescence and, in turn, into adulthood.
- A copy of the RSE policy is available on our website.

# Requirements of Relationship and Sex Education

- The teaching of RSE at Priory Rise School is set out in our RSE School policy that has been developed in conjunction with our school governors.
- As part Science in the 2014 National Curriculum, children cover the following:

| Key Stage 1  | Key Stage 2   |
|--|---|
| <ul style="list-style-type: none"><li>- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense</li><li>- Notice that animals, including humans, have offspring which grow into adults</li><li>- Find out about and describe the basic needs of animals, including humans, for survival (water, food and air)</li><li>- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene</li></ul> | <ul style="list-style-type: none"><li>- Describe the differences in the life cycle of a mammal, an amphibian, an insect and a bird</li><li>- Describe the process of reproduction in some plants and animals</li><li>- Describe the changes as humans develop to old age</li><li>- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents</li><li>- Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function</li></ul> |

# RSE resources

- RSE is delivered as part of the school Personal, Social, Health and Education (PSHE) programme
- Materials used include PSHE scheme of work 'Jigsaw', alongside BBC material which fulfils the requirements of the PSHE framework.
- The Department for Education states that, in primary schools, both boys and girls should know about puberty and how babies are made.
- In Year 6, before children move onto secondary school, primary schools should teach children about the following:
  - changes in the body related to puberty, such as menstruation and voice breaking
  - when these changes are likely to happen
  - how a baby is conceived

Many of these lessons now take place in Year 5 as part of the Science curriculum.

# Within the final half term we are covering:

- Puberty for girls and boys – understanding the changes a girl will experience during puberty (science) and recognising how to look after themselves physically and emotionally
- Puberty for boys - understanding the changes a boy will experience during puberty and making comparisons between girls' and boys' changes (science). Recognising how to look after themselves physically and emotionally
- Conception (including IVF) – Understanding that sexual intercourse can lead to a baby and that is how babies are usually made
- Health and hygiene – (PSHE, Science)
- How babies are made (Sex Education – Friday 12<sup>th</sup> July)
- Transition to secondary school; reflections about change – lesson taught on Monday but will be ongoing throughout the remainder of the term

# Why parents are so important

- Helping young people understand and cope with the emotional and physical aspects of growing up
- Helping young people prepare for the challenges and responsibilities that sexual maturity brings
- Supporting children in learning the correct names of the body
- Talking with children about feelings and relationships
- Answering questions about growing up, having babies, relationships and sex




# Right to withdrawal

- Parents have the right to withdraw their child from the final session of our Relationship and Sex Education programme provided at school (session 3 – 12/7/23).
- As of September 2020, Relationship Education became compulsory for all students.
- As part of that same guidance, Sex Education becomes mandatory from KS3 (secondary school).

# Right to Withdraw

- This form will need to be submitted by email to the year 6 group email please prior to the lesson.
- No later than 5pm on Thursday 11<sup>th</sup> July please
- The form will be located on the website where the link for the meeting is found.

Appendix 4: Parent form: withdrawal from sex education within RSE

| TO BE COMPLETED BY PARENTS  |  |       |  |
|---|--|-------|--|
|  |  |       |  |
| Name of school  |  |       |  |
| Name of child   |  | Class |  |
| Name of parent  |  | Date  |  |
| Reason for withdrawing from sex education within relationships and sex education    |  |       |  |
|   |  |       |  |
| Any other information you would like the school to consider                         |  |       |  |
|   |  |       |  |
| Parent signature  |  |       |  |

| TO BE COMPLETED BY SCHOOL                             |  |      |  |
|---|--|------|--|
| Agreed actions from discussion with parents           |  | Date |  |
| Name of person completing school response and actions |  | Date |  |



# Boys and Girls



- The primary purpose of the programme is to support both boys and girls as they approach and go through puberty and for both genders to understand what each other are going through at this stage in their development.
- It is hoped that both boys and girls will be more supportive and understanding of each other as they experience puberty.
- With this in mind, our Relationship and Sex Education will be delivered in mixed classes of boys and girls together.

# What happens next?



- Our team have been delivering the unit throughout this half term.
- The particular lesson (where parents have the right to withdraw) will take place on 12<sup>th</sup> July in the morning after break. This session will be delivered by the class teacher.
- Children will receive the content of the lesson on the date 12<sup>th</sup> July unless parents/carers have requested that they do not participate. All classes will receive this lesson on the same day. Parents must inform class teachers via email at the latest by the 11<sup>th</sup> July at 5pm. This allows time to organise alternative provision, where necessary.
- The Sex Education lesson consists of the video (to be shown this evening) and a follow-on discussion with the teacher.
- Children are encouraged to ask questions, which will be sensitively and age appropriately answered.
- If a teacher feels that the question is not appropriate for the age group, they will ask the child to talk to their parents about the question.

# Our lesson video



- <https://www.bbc.co.uk/teach/class-clips-video/psh-ks2-operation-ouch-how-are-babies-made-sex-and-sexual-intercourse/zsxt4j>



Any questions?

If you have any further questions after having seen the video and presentation, please do make contact via the Year 6 email address and one of the team will get back to you.



We thank you for your continued support.

[https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-operation-ouch-how-are-babies-made/zrnnf82?dm\\_j=3YNL,1FYFV,3WF536,5A3ZS,1](https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-operation-ouch-how-are-babies-made/zrnnf82?dm_j=3YNL,1FYFV,3WF536,5A3ZS,1)

To see the full video, please click the link.